

## ADVANCED LESSONS CHECKLIST

To graduate into our advanced lessons (where you will learn how to jump!!!) you must show proficiency in the following skills.

- SKILLS ON THE GROUND
  - Tack your horse completely.
  - Know if your horse needs a half pad or not.
  - Understand if the bridle fits the horse correctly.
  - Untack your horse completely.
  - Understand if your horse needs to be rinsed off, and do so correctly.
  - Turn the horse out in his paddock.
- SKILLS WHILE MOUNTED
  - Adjust your own stirrups.
  - Tighten your own girth once mounted.
  - Place both feet in the stirrups before sitting in the saddle when mounting.
  - With very good equitation do the following:
    - Posting trot with no stirrups at least halfway around the ring.
    - Know if your horse is on the correct canter lead and how to fix it.
    - Canter in your half-seat all the way around the ring.
    - Canter sitting all the way around the ring.
    - Do a flying lead change.
  - Know how to pass other riders correctly whether they are going the same direction as you or the opposite direction.
  - Know at least 3 ways to change direction.
  - Understand how to go across the diagonal.
  - Count your trot strides.
  - Count your canter strides.
  - Lengthen and shorten your trot strides.
  - Lengthen and shorten your canter strides.
  - Accurately ride the USEF Training Level Test 3 dressage test.